

April

GEMS LUNCH

2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31	01 Chix Burrito 25g Corn 19g Mxd Fruit Cup 26g	02 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	03 Cheeseburger on a WG Bun 30g Veg Baked Beans 30g Applesauce 17g	04 Swedish Meatballs 16g Mashed Potatoes 17g WG Rolls 17g Fruit Cup 22g	05	06
07 Mac & Cheese 31g Broccoli 8g Breadstix 16g Pear 25g	08 Chix Gyro In a WG Pita 35g Fries 30g Mxd Fruit Cup 22g	09 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	10 Chix Patty on a WG Bun 16g Veg Baked Beans 30g Applesauce 17g	11 Chix Jambalaya 45g Green Beans 6g Corn Muffin 24g Fruit Cup 21g	12	13
14 Curry Chix w/ Basmati Rice 41g Mxd Veggies 13g WG Roll 12g Mxd Fruit Cup 26g	15 Chix Burrito 25g Corn 19g Mxd Fruit Cup 26g	16 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	17 Cheeseburger on a WG Bun 30g Veg Baked Beans 30g Applesauce 17g	18	19	20
21	22	23	24	25	26	27
28 Teriyaki Chicken Stir-Fry 20g Caribbean Veggies 3g Fortune Cookie 16g Mxd Fruit Cup 26g	29 Chix Burrito 25g Corn 19g Mxd Fruit Cup 26g	30 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	01	02	03	04
05	06	Notes: Menus are subject to change due to availability of food or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER Contact: Melissa Bryant 614.747.0196 Milk offered with each meal: 1% Milk 12g or Fat Free Chocolate 24g. Carrots are offered daily.				