

2018

# December

## BREAKFAST MENU

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY | SUNDAY |
|---|--|--|---|--|----------|--------|
| 26  | 27   | 28   | 29  | 30   | 01       | 02     |
| 03<br>CEREAL<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 04<br>W/G MUFFINS<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 05<br>CEREAL BAR<br>CHEESE STICK<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 06<br>CEREAL<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 07<br>YOGURT<br>GRAHAM CRACKER<br>FRESH FRUIT<br>FRUIT JUICE<br>MILK | 08       | 09     |
| 10<br>CEREAL<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 11<br>W/G MUFFINS<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 12<br>CEREAL BAR<br>CHEESE STICK<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 13<br>CEREAL<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 14<br>YOGURT<br>GRAHAM CRACKER<br>FRESH FRUIT<br>FRUIT JUICE<br>MILK | 15       | 16     |
| 17<br>CEREAL<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 18<br>W/G MUFFINS<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 19<br>CEREAL BAR<br>CHEESE STICK<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 20<br>CEREAL<br>GRAHAM CRACKERS<br>MILK<br>FRUIT JUICE<br>FRUIT CUP | 21<br>YOGURT<br>GRAHAM CRACKER<br>FRESH FRUIT<br>FRUIT JUICE<br>MILK | 22       | 23     |
| 24  | 25   | 26   | 27  | 28   | 29       | 30     |
|   |  |  |   |  |          |        |

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| MONDAY  | TUESDAY                                | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY | SUNDAY  |
|---|--|--|---|---|----------|---|
| 26  | 27                                     | 28   | 29  | 30  | 01       | 02  |
| 03<br>Meatballs on a<br>W/G bun<br>Mixed Vegetables | 04<br>PIZZA DAY<br>Salad<br>W/G Cookie | 05<br>Chicken Teriyaki<br>Brown Rice<br>Green Beans W/G<br>Roll    | 06<br>Sloppy Joe<br>Baked Beans<br>W/G Bun                | 07<br>Three Cheese<br>Pasta<br>Corn<br>WG Bread | 08       | 09  |
| 10<br>Chicken Nuggets<br>Baked Beans<br>W/G Roll    | 11<br>PIZZA DAY<br>Salad<br>W/G Cookie | 12<br>Beef Tacos<br>Refried Beans<br>Corn<br>Salsa W/G<br>Tortilla | 13<br>Swedish<br>Meatballs<br>Mashed Potatoes<br>WG Bread | 14<br>Chicken Alfredo<br>Green Beans WG<br>Bun  | 15       | 16<br>Choice of 1%<br>white or chocolate<br>milk offered daily. |
| 17<br>Chicken Sandwich<br>Baked Beans<br>W/G Bun    | 18<br>PIZZA DAY<br>Salad<br>W/G Cookie | 19<br>Pasta w/<br>Meatsauce<br>Green Beans<br>W/G Rolls            | 20<br>BBQ Chicken<br>Sandwich<br>Corn<br>W/G Bun          | 21<br>Mac & Cheese<br>Broccoli<br>W/G Cookie    | 22       | 23<br>Fruit and carrots<br>served daily.                        |
| 24  | 25                                     | 26   | 27  | 28  | 29       | 30  |
| 31  | 01                                     | Notes:<br>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.       |   |   |          |   |