

# October

# GEMS LUNCH

# 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>30</b>	<b>01</b> Chix Gyro In a WG Pita Chips + Carrots Mxd Fruit Cup	<b>02</b> WG Pizza Slice Mixed Green Salad WG Cookie Apple	<b>03</b> Swedish Meatballs Mashed Potatoes WG Rolls Fruit Cup	<b>04</b> Chix Nuggets Veg Baked Beans WG Roll Applesauce	<b>05</b>	<b>06</b>
<b>07</b> Johnny Marzetti Broccoli WG Breadstix Pear	<b>08</b> Chix Burrito in a WG Tortilla Corn Mxd Fruit Cup	<b>09</b> WG Pizza Slice Mixed Green Salad WG Cookie Apple	<b>10</b> Chix Jambalaya Green Beans Corn Muffin Fruit Cup	<b>11</b> Cheeseburger on a WG Bun Veg Baked Beans Applesauce	<b>12</b>	<b>13</b>
<b>14</b> Chix Alfredo Broccoli WG Roll Pear	<b>15</b> Chix Gyro In a WG Pita Chips + Carrots Mxd Fruit Cup	<b>16</b> WG Pizza Slice Mixed Green Salad WG Cookie Apple	<b>17</b> Chix Drumstick Mxd Veggies WG Roll Fresh Fruit Cup	<b>18</b> Chix Patty on a WG Bun Veg Baked Beans Applesauce	<b>19</b>	<b>20</b>
<b>21</b> 3-Cheese Pasta Broccoli WG Breadstix Pear	<b>22</b> Chix Burrito in a WG Tortilla Corn Mxd Fruit Cup	<b>23</b> WG Pizza Slice Mixed Green Salad WG Cookie Apple	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b> Teriyaki Chicken Stir-Fry Caribbean Veggies WG Fortune Cookie Mxd Fruit Cup	<b>29</b> Chix Gyro In a WG Pita Chips + Carrots Mxd Fruit Cup	<b>30</b> WG Pizza Slice Mixed Green Salad WG Cookie Apple	<b>31</b> WG Pizza Slice Mixed Green Salad WG Cookie Apple	<b>01</b>	<b>02</b>	<b>03</b>
<b>04</b>	<b>05</b>	<b>Notes:</b>  Menus are subject to change due to availability of food or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER Contact: Melissa Bryant <a href="tel:614.747.0196">614.747.0196</a> Milk offered with each meal: 1% Milk 12g or Fat Free Chocolate 24g. Carrots are offered daily.				