

# 2021

# October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	01 Assorted Muffins, Cheese Stix, Applesauce, Juice****Chix Alfredo & Green Beans	02	03
04 Bagel w/cream cheese, Apple Slices, & Juice***Chix Nuggets, Mixed Veggies, & Roll	05 Nutrigrain Bar, Cheese Stix ,Fresh Fruit, & Juice*****PIZZA DAY, Salad, & Cookie	06 Chocolate Chip Oatmeal Bar, Fruit Cup, Juice***Pasta w/ Meat Sauce & Veggies	07 Cereal,Fresh Fruit, Juice*****Hamburger & Potato Wedges	08 Nutrigrain Bar, Cheese Stix ,Fresh Fruit, & Juice*****PIZZA DAY, Salad, & Cookie	09	10
11 Assorted Muffins, Cheese Stix, Applesauce, Juice****Chix Nuggets, Baked Beans, Roll	12 Cereal, ,Fresh Fruit, Juice*****PIZZA DAY, Salad, & Cookie	13 Cereal Bar, Graham Cracker, Fruit Cup, Juice*****Chix & Rice, & Veggie	14 Cocoa Cherry Bar, Fruit Cup, & Juice*****Beef Taco & Corn	15 Bagel w/cream cheese, Apple Slices, & Juice***Sloppy Joe, Potato Wedges, & Cookie	16	17
18 Cereal Bar, Graham Cracker, & Fruit Juice**Mac & Cheese & Mixed Veggies	19 Cereal,Fresh Fruit, Juice*****PIZZA DAY, Salad, & Cookie	20 Cocoa Cherry Bar, Fruit Cup, & Juice***Chicken Taco & Corn	21 Cereal,Fresh Fruit, Juice***Meatball Sub & Salad	22 Assorted Muffins, Cheese Stix, Applesauce, Juice****Chix Alfredo & Green Beans	23	24
25 Bagel w/cream cheese, Apple Slices, & Juice***Chix Nuggets, Mixed Veggies, & Roll	26 Assorted Muffins, Cheese Stix, Applesauce, Juice****Chix Nuggets, Mixed Veggies, & Roll	27 Chocolate Chip Oatmeal Bar, Fruit Cup, Juice***Pasta w/ Meat Sauce & Veggies	28 Cereal,Fresh Fruit, Juice*****Hamburgers & Potato Wedges	29 Nutrigrain Bar, Cheese Stix ,Fresh Fruit, & Juice*****PIZZA DAY, Salad, & Cookie	30	31
01	02	Notes: <b>Milk is included with meal. Choose from Fat Free White Milk or Fat Free Chocolate Milk.</b> <b>Assorted Fruit Cups or Fresh Fruit served with lunch.</b> <b>Menus are subject to change due to availability of foods or unplanned school closings.</b> <b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b> <b>FIGS Cafe &amp; Bakery</b> <b>Contact: Melissa Bryant 614.747.0196</b>				