

March

TCS LUNCH

2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
03 3-Cheese Pasta 29g Green Beans 12g Garlic Bread 20g Pear 25g	04 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	05 Chix Burrito 25g Corn 19g Mxd Fruit Cup 26g	06	07	08	09
10	11	12 French Toast 28g Hashbrowns 17g Turkey Bacon 1g Mixed Fruit Cup 26g	13 Hot Dog 3g on a WG Bun 25g Veg Baked Beans 30g Fruit Slushie 22g	14 Chix Jambalaya 45g Green Beans 6g Corn Muffin 24g Fruit Cup 22g	15	16
17 Chix Alfredo 32g Broccoli 8g WG Roll 12g Pear 25g	18 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	19 Chix Gyro 35g In a WG Pita 30g Fries 22g Mxd Fruit Cup 22g	20 Chix Drumstick 6g Spinach Salad 4g WG Roll 12g Fruit Cup 22g	21 Turkey & Cheese SUB 24g In a WG SUB 17g Mixed Veggies 27g Banana 27g	22	23
24 Curry Chix w/ Basmati Rice 41g Mxd Veggies 13g WG Roll 12g Mxd Fruit Cup 26g	25 WG Pizza Slice 23g Mixed Green Salad 4g WG Cookie 18g Apple 18g	26 Beef Taco 20g Corn 19g Mxd Fruit Cup 26g	27 Chix Patty + on a WG Bun 22g Veg Baked Beans 30g Applesauce 22g	28 Spaghetti 28g Green Beans 6g Corn Muffin 24g Fruit Cup 21g	29	30
31 Teriyaki Chicken Stir-Fry 20g Caribbean Veggies 3g Fortune Cookie 16g Mxd Fruit Cup 26g	01	Notes: Menus are subject to change due to availability of food or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER Contact: Melissa Bryant 614.747.0196 Milk offered with each meal: 1% Milk 12g or Fat Free Chocolate 24g. Carrots are offered daily.				