

October

TCS LUNCH

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	01 WG Pizza Slice Mixed Green Salad WG Cookie Apple	02 Chix Gyro In a WG Pita Chips + Carrots Mxd Fruit Cup	03 Swedish Meatballs Mashed Potatoes WG Rolls Fruit Cup	04 Chix Nuggets Veg Baked Beans WG Roll Applesauce	05	06
07 Johnny Marzetti Broccoli WG Breadstix Pear	08 WG Pizza Slice Mixed Green Salad WG Cookie Apple	09 Chix Burrito in a WG Tortilla Corn Mxd Fruit Cup	10 Chix Jambalaya Green Beans Corn Muffin Fruit Cup	11 Cheeseburger on a WG Bun Veg Baked Beans Applesauce	12	13
14 Chix Alfredo Broccoli WG Roll Pear	15 WG Pizza Slice Mixed Green Salad WG Cookie Apple	16 Chix Gyro In a WG Pita Chips + Carrots Mxd Fruit Cup	17	18	19	20
21	22 WG Pizza Slice Mixed Green Salad WG Cookie Apple	23 Chix Burrito in a WG Tortilla Corn Mxd Fruit Cup	24 Turkey & Cheese SUB In a WG SUB WG Chips Tomato & Cucumber Medley Banana	25 Chix Nuggets Veg Baked Beans WG Roll Applesauce	26	27
28 Teriyaki Chicken Stir-Fry Caribbean Veggies WG Fortune Cookie Mxd Fruit Cup	29 WG Pizza Slice Mixed Green Salad WG Cookie Apple	30 WG Pizza Slice Mixed Green Salad WG Cookie Apple	31 Hot Dog in a WG Bun Fries Mxd Fruit Cup	01	02	03
04	05	Notes: Menus are subject to change due to availability of food or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER Contact: Melissa Bryant 614.747.0196 Milk offered with each meal: 1% Milk 12g or Fat Free Chocolate 24g. Carrots are offered daily.				