OCTOBER The Graham School LUNCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	01 Grilled Cheese 31g Mixed Vegetables 10g Carrots + Ranch 13g Mxd Fruit Cup 26g	02	03	04
05 Turkey & Cheese SUB in a WG SUB 24g Mixed Vegetables 10g Carrots + Ranch 13g Banana 27g	06 Chix Gyro In a WG Pita 35g Corn 19g Pear 26g	07 Chix Nuggets 24g WG Sliced Bread 20g Veg Baked Beans 30g Fresh Fruit 25g	08 Johnny Marzetti 26.5g Broccoli 8g Pear 25g	09	10	11
12	13	14 Chix Alfredo 32g Broccoli 8g Pear 25g	15 Chicken Jambalaya 41g Mixed Vegetables 10g Carrots + Ranch 13g Mxd Fruit Cup 26g	16 WG Pizza Slice 23g Carrots + Ranch 13g Applesauce 22g	17	18
19 Mac & Cheese 31g Broccoli 8g Pear 25g	20 Chix Burrito 25g Corn 19g Fresh Fruit Cup 22g	21 Chix Nuggets 24g WG Sliced Bread 20g Veg Baked Beans 30g Fresh Fruit 25g	22 Chix Drumstick 6g Mixed Vegetables 10g Carrots + Ranch 13g Fruit Cup 22g	23 WG Pizza Slice 23g Carrots + Ranch 13g Applesauce 22g	24	25
26 Spaghetti 28g Broccoli 8g Corn Muffin 24g Fruit Cup 22g	27 Chix Gyro In a WG Pita 35g Corn 19g Pear 26g	28 Hot Dog 3g on a WG Bun 25g Veg Baked Beans 30g Fresh Fruit 25g	29 Teriyaki Chicken Stir-Fry 20g Caribbean Veggies 3g Carrots + Ranch 13g Mxd Fruit Cup 26g	30	31	01
02	03	**Notes:** Menus are subject to change due to availability of food or unplanned school closings. USDA is an equal opportunity provider, employer, & lender. Contact: Melissa Bryant 614.747.0196 **Milk offered with each meal:1% Milk 12g or Fat Free Chocolate 24g.** HALAH or KOSHER only.				