

2021

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	01 Assorted Muffins, Cheese Stix, Applesauce, Juice***** Chix Alfredo & Green Beans	02	03
04 Bagel w/cream cheese, Apple Slices, & Juice**** Chix Nuggets, Mixed Veggies, & Roll	05 Nutrigrain Bar, Cheese Stix ,Fresh Fruit, & Juice***** PIZZA DAY, Salad, & Cookie	06 Chocolate Chip Oatmeal Bar, Fruit Cup, Juice**** Pasta w/ Meat Sauce & Veggies	07 Cereal,Fresh Fruit, Juice***** Hamburger & Potato Wedges	08 Nutrigrain Bar, Cheese Stix ,Fresh Fruit, & Juice***** PIZZA DAY, Salad, & Cookie	09	10
11 Assorted Muffins, Cheese Stix, Applesauce, Juice***** Chix Nuggets, Baked Beans, Roll	12 Cereal, ,Fresh Fruit, Juice***** PIZZA DAY, Salad, & Cookie	13 Cereal Bar, Graham Cracker, Fruit Cup, Juice***** Chix & Rice, & Veggie	14 Cocoa Cherry Bar, Fruit Cup, & Juice***** Beef Taco & Corn	15 Bagel w/cream cheese, Apple Slices, & Juice*** Sloppy Joe, Potato Wedges, & Cookie	16	17
18 Cereal Bar, Graham Cracker, & Fruit Juice** Mac & Cheese & Mixed Veggies	19 Cereal,Fresh Fruit, Juice***** PIZZA DAY, Salad, & Cookie	20 Cocoa Cherry Bar, Fruit Cup, & Juice**** Chicken Taco & Corn	21 Cereal,Fresh Fruit, Juice**** Meatball Sub & Salad	22 Assorted Muffins, Cheese Stix, Applesauce, Juice***** Chix Alfredo & Green Beans	23	24
25 Bagel w/cream cheese, Apple Slices, & Juice**** Chix Nuggets, Mixed Veggies, & Roll	26 Assorted Muffins, Cheese Stix, Applesauce, Juice***** Chix Nuggets, Mixed Veggies, & Roll	27 Chocolate Chip Oatmeal Bar, Fruit Cup, Juice**** Pasta w/ Meat Sauce & Veggies	28 Cereal,Fresh Fruit, Juice***** Hamburgers & Potato Wedges	29 Nutrigrain Bar, Cheese Stix ,Fresh Fruit, & Juice***** PIZZA DAY, Salad, & Cookie	30	31
01	02	Notes: Milk is included with meal. Choose from Fat Free White Milk or Fat Free Chocolate Milk. Assorted Fruit Cups or Fresh Fruit served with lunch. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. FIGS Cafe & Bakery Contact: Melissa Bryant 614.747.0196				