THE CHARLES SCHOOL AT OHIO DOMINICAN UNIVERSITY
An Early College High School

The Charles School at Ohio Dominican University
2026.27 Student Wellness and Success Plan

The mission of The Graham Family of Schools is to help all of our students grow in their academic and social and emotional learning, ongoing. Our aim is to continuously advance students' skills and demonstration of: critical analysis and problem solving; collaborative team work; thoughtful reflection on experiences; and sharing in responsibility for academic success and a safe learning community for all.

All our efforts are toward preparing students to be successful in achieving this mission as they work toward full readiness for the next grade level and ultimately college and careers. At our schools, we will:

- Maintain and promote a growth-mindset toward all students and staff such that everyone has an expectation to grow in their intelligence and its display.
- Foster in students a commitment to: self-direction in their learning; and, the school and wider community in which they live.
- Teach at all grade levels with sensitivity to brain development in children, including course and class lessons that focus on human brain development and its relation to learning and growth academically, socially and emotionally.
- Utilize the community outside the school doors as a resource to advance experiential learning for our students.
- Treat all students and staff with compassion, honesty and respect.
- View academic achievement as a reflection of both student and teacher jointly teaming for success.
- Create, state and display the norms for how people are expected to act at school regarding academic work and behavioral interactions.
- Design an operational strategy at each TGFS' school for advancing our work in academic achievement, social and emotional learning, grade advancement, and college and career readiness.

As a member of The Graham Family of Schools, The Charles School at Ohio Dominican University's mission is to provide a diverse population of Ohio's high school students access to, and support for, an immersive and successful college experience while completing rigorous high school coursework and preparing for careers.

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The Charles School pursues excellence by providing a safe and innovative learning environment that cultivates a growth mindset and supports social and emotional learning, while bridging the transition to post-secondary aspirations.

The Charles School at Ohio Dominican University is part of a national network of Early College High Schools and a member of the Middle College National Consortium, and the Ohio Early College Association.

Student Wellness and Success
SEL; TREP; MTSS, NYAP, Trained Staff Leaders; Nurse on staff

The Charles School is committed to the ongoing social and emotional growth of all of our students. Research shows that there is a significant connection between academic learning and Social and Emotional Learning (SEL). Studies over the past 30 years also connect trauma, including the stressful environment of continuous, pervasive poverty, as a significant factor in many children's school struggles. Therefore, our entire staff receives ongoing training in trauma responsiveness. Our SEL focus incorporates work in the development of daily, small group community advising, the use of Restorative Practices, and the use of mindfulness to equip our students with strategies, skills, experiences and mindsets to enable success both in the classroom and in their lives beyond school. A comprehensive MTSS program is part of this initiative supporting the whole child while also providing academic supports and interventions.

Our primary strategy is to build a relational safe resilient school community in which all members are engaged and invested using structures, routines, predictability, consistency, caring, and compassion. The problem being addressed is the pervasive trauma experienced by our students due to poverty, dysfunctional or absent families and communities in chaos.

The team evaluates data including attendance, course performance, discipline, SEL competencies, culture and climate within our school, amongst our staff and parents and maintains a significant commitment to an ongoing focus on Social and Emotional Learning including Trauma Responsiveness.

The Charles School will spend funds from the Student Wellness and Success initiative for ongoing professional development planned and delivered by our partners and our internal PD leaders in the areas of Social and Emotional Learning and Trauma Responsive Educational Practices (TREP). Funds will support SEL curriculum, resources, assessments and experiences implemented in MTSS, student crew, staff crew and family crew. Partnering with NYAP provides mental health services and funds will support the important work being done by our contracted nurse to encourage and support student physical wellness. In association with our board

approved Wellness Policy that thoroughly addresses nutrition and physical fitness, our Student Wellness and Success Plan extends the focus to Social and Emotional health.

The Charles School has built a foundational focus on Social and Emotional Learning. including implementing school-wide ongoing professional development in Social and Emotional Learning from multiple perspectives and providing multiple tools. Teachers are trained to focus on students individually and as a whole to establish a positive safe, supportive culture amongst the entire community. The work includes regular walkthroughs, data collection and analysis as well as interim and year-end reporting. Additional monitoring, data collection, professional development, support and coaching will be performed by trained staff leaders as well as other identified experts in the field.

Our contracted nurse is part of our wellness team, supporting initiatives to improve the health and wellness of our school community. Her role will be to lead and support our physical health initiatives in association with our Wellness Policy.

The Charles School's long-term goal is to create a comprehensive, trauma-informed high school Social and Emotional Learning (SEL) program that is sequenced, focused and explicit, and aligned with the Collaborative for Academic, Social and Emotional Learning (CASEL) competencies. Social and emotional learning is defined as the process through which we recognize and manage emotions, establish healthy relationships, set positive goals, behave ethically and responsibly and avoid negative behaviors. The SEL initiative assures that our students are able to build the skills necessary to be behaviorally, emotionally, and academically college and career ready. Student Wellness and Success funds support this goal.

This plan has been formulated in partnership with NYAP, our local partner in mental health services, Trauma Responsiveness and Restorative Practices experts and our fellow Graham Family Schools. All three schools/districts under the umbrella of The Graham Family of Schools are pursuing these initiatives and coordinating together with the same partners.