



# February 2024 9-12 Lunch Menu

<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk</i></p>	<p><i>Sides - Fruits and Vegetables listed by group and measured in cups.</i></p> <p><i>r = red/orange l = legume, o = other s = starchy, g = green</i></p>	<p><i>Carrot Sticks, Corn Chips or rolls, String Cheese, and Juice are offered every day in addition to the listed meal.</i></p>	<p>1 WG Chicken Patty &amp; WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Corn (3/4s) 21 Whole Apple (1/2c) 34 Choc/White Milk (1c) 19/13</p>	<p>2 WG Pizza Sticks - 2 &amp; Marinara (2m, 2wg, 1/8r) 32 Broccoli (3/4g) 5 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>5 Beef Hot Dog &amp; WG Bun (2m, 1.5wg) 22 Ketchup 3 Baked Fries (3/4l) 33 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>6 Hamburger Patty &amp; WG Bun (2m, 1.75wg) 27 Baked Beans (3/4l) 44 Ketchup 3 Fresh Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>7 WG Chicken Tenders -3 &amp; Waffles -2 (2m, 3wg) 43 Celery Sticks (3/4o) 7 Syrup Cup 29 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>8 Spaghetti &amp; Meatballs – 7 (2m, 1/4r) 24 Roll (1wg) 36 WG Pasta (1/4wg) 1 Carrot Sticks (1/2r) 0 Orange (1/2c) 11 Choc/White Milk (1c) 19/13</p>	<p>9 BBQ Beef Rib &amp; WG Bun (2m, 1.5wg) 33 Broccoli (3/4g) 5 Bear Cracker 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>12 Sloppy Joe &amp; WG Bun (2m, 1.75wg, 1/8r) WG 32 Green Beans (3/4o) 5 WG Sport Crackers 19 Whole Apple (1/2c) 34 Choc/White Milk (1c) 19/13</p>	<p>13 Taco Tuesday (1/2oz) 2 WG Nacho Chips (1wg) 18 Refried Beans (3/4l) 36 Cheddar Cheese (1oz) 0 Fresh Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>14 Beef Gyro (2m) 2 WG Pita Bread (2wg) 32 Tomatoes/Carrots (1/2r) 4 Cucumbers (1/4o) 1 Shredded Romain (1/2c) 2 Apple (1/2c) 34 Ranch 2 Choc/White Milk (1c) 19/13</p>	<p>15 WG Chicken Nuggets - 5 (2m, 1wg) 13 Baked Fries (3/4l) 33 Ketchup 3 BBQ Sauce 5 Fruit Slushy 23 Choc/White Milk (1c) 19/13</p>	<p>16 WG Pizza Sticks - 2 &amp; Marinara (2m, 2wg, 1/8r) 32 Broccoli (3/4g) 5 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>19 <b>President's Day</b></p>	<p>20 Meatballs -6, Mashed Potatoes &amp; Gravy (2m,3/4s) 38 Dinner Roll (1wg) 30 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>21 WG Chicken Patty &amp; WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Celery Sticks (3/4o) 7 Fresh Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>22 Spaghetti &amp; Meatballs – 7 (2m, 1/4r) 24 Roll (1wg) 36 WG Pasta (1/4wg) 1 Carrot Sticks (1/2r) 0 Orange (1/2c) 11 Choc/White Milk (1c) 19/13</p>	<p>23 Turk Pep Pizza (2m, 2wg) 33 Broccoli (3/4g) 5 Bear Cracker 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>26 Corndog (2m, 2wg) 30 Green Beans (3/4o) 5 Cheez-Its (1wg) 14 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>27 Taco Tuesday (1oz) 2 WG Nacho Chips (1wg) 18 Refried Beans (3/4l) 36 Cheddar Cheese (1oz) 0 Fresh Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>28 Meatball – 7 - Sub (2m, 1/4r, 1.5wg) 35 Carrot Sticks (1/2r) 0 Bear Cracker 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>29 WG Chicken Patty &amp; WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Corn (3/4s) 21 Whole Apple (1/2c) 34 Choc/White Milk (1c) 19/13</p>	

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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